



## ***Tumble Tuck***

**Underbelly Cowgate (Iron Belly), 66 Cowgate, Edinburgh, EH1 1JX**

**Thursday 3<sup>rd</sup> – Sunday 27<sup>th</sup> August 2017 (not 14<sup>th</sup>), 13:30**

***Daisy's swimming the relay, but Daisy's legs still jiggle... and her front crawl is 'a bit f\*\*\*ing feminine'. She shouldn't be here...***

*Tumble Tuck*, written by Sarah Milton and presented by BackHere! Theatre, tells the story of a young woman struggling to accept herself and realise her strength. It explores what it means to be successful in a world where medals matter. Daisy's relationship with water is complex; it's the only place where she feels safe so why must she be judged for how well she performs in it?

This funny, brutal and heartfelt piece seeks to examine the pressure we put on young people, when sometimes just taking part is truly an achievement. A bronze medal to one person, is someone else's gold; a C grade is someone else's A. *Tumble Tuck* questions the system that tells us that if we've not got the best result we've failed.

*Tumble Tuck* is a fast-paced, one woman show, with original music by Harry Blake, that examines self-worth in young women today. Milton was prompted to write *Tumble Tuck* after noticing the rise in television shows with panels. Judging panels on TV are successful due to the immediate drama that arises when someone doesn't achieve; there are shows where contestants are judged on baking, ice skating, singing and even one's ability to barbecue. Viewers at home can vote and judge too and judgement has become omnipresent in today's society.

Writer Sarah Milton comments, *Tumble Tuck arose from dealing with my own mental health issues and re-establishing a sense of self-worth. The pressure on young people, in particular young women, to aspire to look a certain way and achieve certain things in ways that conform to social expectations is enormous. There's so much pressure on young people to obtain top grades and go to top schools. We don't reward young people enough for their personal attributes like being kind and loyal. For the character of Daisy, just getting out of bed in the morning was once*

*a big step for her and Tumble Tuck's aim is to make us think that actually, we all have something to contribute. And we're doing okay.*

*Tumble Tuck* will be offsetting their very minimal carbon emissions by planting trees in the East Midlands. They will be using 100% recycled paper and vegetable ink for their flyers to ensure the show is as green as possible.

*Tumble Tuck* was first presented by the Old Vic New Voices at Wilderness Festival in August 2016 and then at Soho Theatre in October 2016 as part of their Soho Rising Season.

## Notes to Editors

Title	<i>Tumble Tuck</i>
Performance Dates	Thursday 3 <sup>rd</sup> – Sunday 27 <sup>th</sup> August (not 14 <sup>th</sup> ), 13:30
Running time	45 minutes
Location	Underbelly Cowgate (Iron Belly), 66 Cowgate, Edinburgh, EH1 1JX
Box Office	Tickets are available from <a href="http://www.underbellyedinburgh.co.uk">www.underbellyedinburgh.co.uk</a> or 03333 444 167 Previews: £6.50 Weekday: £10 Weekend: £11
Twitter	@backheretheatre, @followthecow, @TumbleTuckPlay, #TumbleTuck
Notes	Ages 12+
Writer/Performer	Sarah Milton
Director	Tom Wright
Original Music	Harry Blake
Producer	Helena Doughty for Backhere! Theatre

## Sarah Milton

Sarah is alumni of Lyric (2013), Soho Theatre (2014/15), HighTide (2015) Young Writers and RADA Advances in Script Writing 2015. Sarah is one of ten young writers selected to work with

The Royal Court on Open Court Festival 2016. Her audio play *The Flower Show* ran for three weeks at The Royal Court during July 2016, and her play *The Night Tella* was performed in the Jerwood Theatre Upstairs, as part of the festival. Sarah's play *Tumble Tuck* was written on the Soho Writers Lab course 2015. Sarah works professionally as an actor, having trained for three years at Mountview.

## Tom Wright

Tom is a London based playwright and theatre director, originally from the Midlands. Having initially trained as an actor at the Guildford School of Acting, he's participated in both the Royal Court and Soho Theatre's playwright groups as well as working substantially with Old Vic New Voices. Writing credits include: *I Ain't Dumb* (Theatre Royal Stratford East), *My Dad's Gap Year* (Bush Theatre), *Broadcast* (Old Vic New Voices), *Three Sunrises* (St. James Theatre), *I, We, Me* (Vaults Festival), *Kinship* (Soho Writer's Lab) and new musical *Rebel Song*, supported by Arts Council England. Directing credits include: *Tumble Tuck* (Old Vic New Voices and The Soho Theatre), *Bedtime Story* (Theatre Royal Stratford East), *Claire* (Arcola), *2.1* (Rich Mix, Camden People's Theatre) and *My Dad's Gap Year/An invitation* (Tristan Bates Theatre). Assisting credits include: *Legendary Children* (Theatre De Meervaart) and *2.1* (Rich Mix, Camden People's Theatre). Tom is also the Artist Coordinator at The Old Vic and manages their artist development programmes.

All enquiries, high res images and further information:

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