



## *Trashed*

**Underbelly Cowgate (Belly Dancer), 66 Cowgate, Edinburgh, EH1 1JX**

**Thursday 3<sup>rd</sup> – Sunday 27<sup>th</sup> August 2017, 13:40**

Nineteen years working the bins and Goody's about to crack. *Trashed* is a grimy, booze-fuelled sucker punch of a play, bound to make you laugh until you cry. Expect love, loss, loneliness and lots of cider!

LAB RATS make their Edinburgh debut with the world premiere of a hilariously touching one-man show written by Sascha Moore and performed by David William Bryan. *Trashed* transforms Belly Dancer into a rancid Yorkshire fly-tipping site for a whirlwind account from Keith 'Goody' Goodman - a mid-thirties bin man struggling to deal with the death of his daughter whilst battling his uncontrollable thirst for booze. Unapologetically working class, funny and dark, *Trashed* is a highly physical, powerhouse of a play that will leave you breathless.

Goody is a raucous anti-hero whose life is, quite literally, rubbish. Unable to talk about his feelings and just about ready to explode, he has a dark secret; one of many things he's hiding in this ominous rubbish dump. For one hour only, *Trashed* lets us see the world through the eyes of a man learning to express himself but realising it's way too late in the game. He's overconfident, insecure, brash, bitter, playful, downtrodden and very, very drunk. But when does it stop being funny and just become tragic?

Writer Sascha Moore comments, *Trashed is, at its core, a story about loss: of loved ones, opportunity and of oneself. Emotions associated with grief are universal and easily recognisable, but our coping strategies are widely varied, in both method and effectiveness. I wanted to explore what happens when our ability to self-soothe fails and our pain manifests itself in disastrous ways. Is tragedy ever a justifiable excuse for bad behaviour? Is the distinction*

*between villain and victim really as explicit as we assume it to be? Or is it just too abhorrent to consider that we are all on the verge of doing something unthinkable?*

David William Bryan and Sascha Moore met at a writer's group at the Bush Theatre in 2012. They formed LAB RATS in 2016, out of a mutual desire to produce affordable, high quality and engaging fringe theatre which is as accessible and entertaining to first time theatre goers as it is to regular audiences and those in the industry.

## Notes to Editors

Title	<i>Trashed</i>
Performance Dates	Thursday 3 <sup>rd</sup> – Sunday 27 <sup>th</sup> August, 13:40
Running time	60 minutes
Location	Underbelly Cowgate (Belly Dancer), 66 Cowgate, Edinburgh, EH1 1JX
Box Office	Tickets are available from <a href="http://www.underbellyedinburgh.co.uk">www.underbellyedinburgh.co.uk</a> or 03333 444 167 Previews: £6.50 Weekday: £9.50 (£8.50) Weekend: £10.50 (£9.50)
Twitter	@DavidWBryan, #TrashedinEdinburgh, @followthecow
Notes	Ages 16+
Director/Performer	David William Bryan
Director/Writer	Sascha Moore
Movement Consultant	Ollie Kaderbhai
Sound/Light Design	Jamie Keene

## David William Bryan

David trained as an actor at the Stella Adler Studio in NYC, graduating in 2012. Theatre credits include: *55 Days* - Hampstead Theatre, *Twelfth Night* - Oxford Castle, *Gizmo Love* - New

Diorama, *Orion's Hat* - Tristan Bates Theatre. Film credits include *The Hatton Garden Job* – Signature Entertainment and *Eliminators* - Universal Studios. David has also featured in numerous commercial campaigns around the world. Also a writer for Theatre and TV, he is represented by Christine Glover at Casarotto Ramsay Associates.

### **Sascha Moore**

Sascha has attended writing courses at the Bush theatre, the National, RADA and was offered a Soho Young Company place in 2015. Prior to *Trashed*, Sascha self-produced two original works including *Therapy* (babble.jar, 2013) and *The (Accidental) Execution of Alan Bishop* (Pleasance, 2014) and was invited to write a short play, *White Hill*, for foundation year students at RADA.

All enquiries, high res images and further information:

Chloé Nelkin, Chloé Nelkin Consulting

E: [chloe@chloenelkinconsulting.com](mailto:chloe@chloenelkinconsulting.com), M: 07764 273 219

W: [www.chloenelkinconsulting.com](http://www.chloenelkinconsulting.com)