



SPIN

Gilded Balloon Patter Hoose (Dram), 3 Chambers Street, Edinburgh, EH1 1HT

Wednesday 2nd – Sunday 27th August 2023 (not 9th and 21st), 14:20

Performed on a bike, *SPIN* is a darkly comedic takedown of a society obsessed with attaching morality to our bodies. Written and performed by Kate Sumpter (*The Little Drummer Girl*, BBC), this hilarious world premiere takes us on a journey of self-discovery.

Peddalling headfirst into the toxic world of fitness, *SPIN* starts out as an ordinary spin class, and slowly evolves to question how complicit we may or may not be in fatphobia, toxic fitness culture, and a society that jumps on trends to make money, no matter the emotional cost. *SPIN* explores the dark underbelly of the fitness world that pressures many of us to strive for an unattainable and unhealthy 'ideal'.

Sumpter's absurdist one-woman-show delves into the morality arbitrarily attached to our bodies. Does your body reflect if you are good or bad? Reflecting on privilege and implicit bias as the wheels turn, *SPIN* points a finger at capitalism and the toxicity of advertising and social media around fitness, confronting the truth about the ugly side of the fitness industry.

Kate Sumpter comments, *I wrote SPIN to show the ridiculous and insidious sides of the industry, and how impossible it can be to feel happy in an image-obsessed society. I have watched people I love suffer horribly because they have a body that society deems unacceptable or inconvenient. Managing a gym in London I saw how pervasive fatphobia and health bias really are. SPIN aims to pop that bubble with humour, vulnerability and an unflinching examination of ugly truths.*

Notes to Editors

Title	<i>SPIN</i>
Performance Dates	Wednesday 2 nd – Sunday 27 th August (not 9 th , 21 st), 14:20 Relaxed performance 15 th August
Running Time	60 minutes
Location	Gilded Balloon Patter Hoose (Dram), 3 Chambers Street, Edinburgh, EH1 1HT
Box Office	Tickets are available from https://tickets.gildedballoon.co.uk/ £13 (£9)
Notes	Ages 14+, strong language and distressing or potentially triggering themes
Writer/Performer	Kate Sumpter
Director	Sarah Jane Schostack
Set/Costume Designer	Lee Newby
Fitness Director	Joe Ferris
Lighting Designer	Robbie Butler
Sound Designer	Jamie Lu
Social Media Handles	@spintheplay #spintheplay

All enquiries, high res images and further information:
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